

# Pediatric Advanced Life Support Update Course Card and BLS Card; ECC Training Centers

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Original Release Date: 10/22/2025  
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## Description

The PALS Course aims to improve outcomes for pediatric patients by preparing health care professionals to effectively recognize and intervene in patients with respiratory emergencies, shock, and cardiopulmonary arrest by using high-performance team dynamics and high-quality individual skills. The course includes a series of case scenario practices with simulations that reinforce important concepts.

The PALS Course is for health care professionals who respond to emergencies in infants and children and for personnel in emergency response, emergency medicine, intensive care and critical care units.

## Learning Objectives

At the conclusion, participants should be able to

1. Perform high-quality CPR per American Heart Association basic life support recommendations
2. Differentiate between patients who do and do not require immediate intervention
3. Perform your role as a high-performance team member
4. Differentiate between respiratory distress and failure
5. Perform early interventions for respiratory distress and failure
6. Differentiate between compensated and hypotensive (decompensated) shock
7. Perform early interventions for the treatment of shock
8. Differentiate between unstable and stable patients with arrhythmias
9. Demonstrate treatment of arrhythmias
10. Implement postarrest management

## Accreditation Terms

Joint Accreditation: N/A

CAPCE: 10/22/2025 – 10/21/2028

AARC: N/A

## Accreditation Statement

This continuing education activity is approved by the American Heart Association, an organization accredited by the Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE), for 6.25 Advanced CEHs, activity number 25-AMHA-F2-0044.

By claiming CAPCE credit, the claimant acknowledges the following: I understand that the American Heart Association as a requirement of CAPCE accreditation will submit a record of my course completions to the CAPCE AMS. I further understand that my course completion records may be accessed by or shared with such

regulators as state EMS offices, training officers, and NREMT on a password-protected, need-to-know basis. In addition, I understand that I may review my record of CAPCE-accredited course completions by contacting CAPCE.

### **Participation and Successful Completion**

Successful completion of this CE activity includes the following:

1. Complete the course, pass all skills tests, and pass the written exam with at least an 84%
2. Receive the certificate/statement of credit

### **Disclosure Statement**

All persons in a position to control educational content of a CE activity provided by the American Heart Association must disclose to the audience all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The presence or absence of all financial relationships will be disclosed to the audience in activity materials. All unlabeled/unapproved uses of drugs or devices discussed will also be disclosed to the audience. All relevant financial relationships have been mitigated prior to the commencement of the activity.

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focus is on relevant financial relationships with commercial interests in the 24-month period preceding the time that the individual is being asked to assume a role controlling content:

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### **Target Audiences**

1. EMS

### **Accessibility Statement**

The American Heart Association does not provide advice to Training Centers on ADA requirements or any other laws, rules, or regulations. Training Centers must determine accommodations necessary to comply with applicable laws. AHA recommends consultation with legal counsel.

Core curriculum change requests for accessibility purposes must be scientifically based and approved in advance in writing by the AHA ECC Science & Product Development department; otherwise a student must be able to successfully perform all course requirements (skills and written tests as indicated) to receive a course completion card. Reasonable accommodations may be made, such as placing the manikin on a table at the height necessary for individuals in a wheelchair. However, the skills must be satisfactorily completed during the testing sessions. Guidelines for accommodating students with special needs or disabilities may be found in the Program Administration Manual.